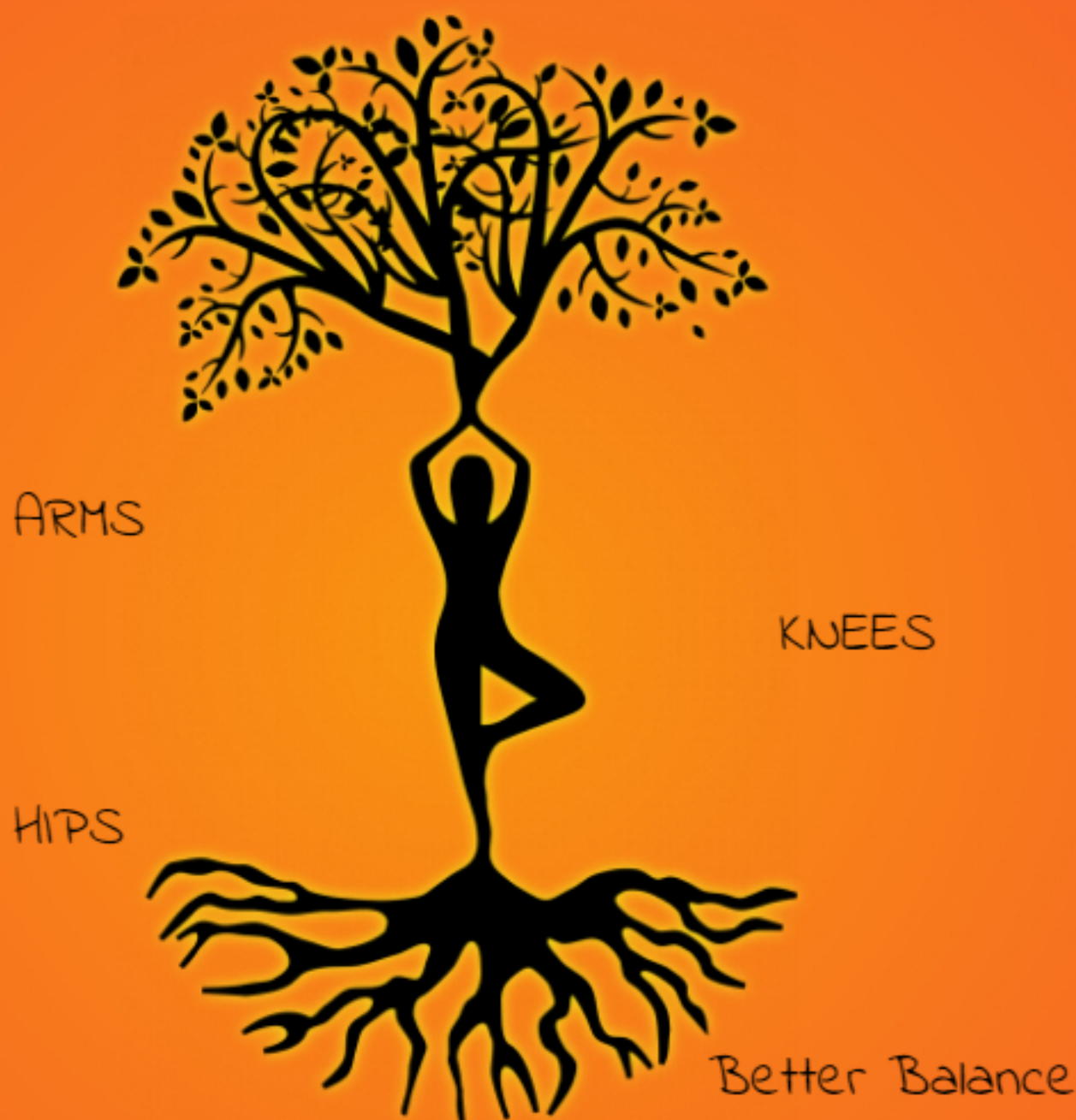


VAH-KI RECREATION

JOINT MOBILITY YOGA

Range of Motion and Strengthening



STAY CENTERED!

LOCATED IN THE ARTS & CRAFTS ROOM

FEB. 7TH-28TH

THURS: 5:30PM - 6:15PM