

MARCH 2020

District Five Elderly Center (520) 315-2090

	DOMIK	LUNAS	GO:K THASH	VAIK THASH	GI'IK THASH	VAILOS	SHAVAI
<p>All trips & activities are open to D5 GRIC members who are 55 years & older & residing within D5 boundaries</p> <p>Post Office Days Tuesday & Thursday</p> <p>GRICUA & GRTI Day Mar. 5th @ 10-3 P.M. Tribal Health Dept in Sacaton</p> <p>Trash pick up Tuesday & Friday - Recycling pick up - Mar. 11th & 25th</p>	1	2 Chair Yoga 9:00 A.M. Walking Club 10:00 A.M.	3 ENP Breakfast 7:30 A.M. Council Report Trip to town 9:00 A.M.	4 Chair Yoga 9:00 A.M. Elder Fitness 10:00 A.M. Elders Meeting 10:00 A.M. Mul-Chu-Tha Ticket distribution	5 Core & Balance 10:00 A.M. Spring Walk planning 10:00 A.M. Calendar Planning 1:00 P.M.	6 Spring Walk planning 10:00 A.M. Walking Club 10:00 A.M. MUL-CHU-THA Ticket DEADLINE @12:00 P.M.	7 Mul-Chu-Tha parade & fair grounds 7:00 A.M. - 2:30 A.M.
	8	9 Chair Yoga 9:00 A.M. Round Table 1:00 P.M. Walking Club 10:00 A.M.	10 Desert Botanical Garden 10:00 A.M.	11 Elders Concerns 9:00 A.M. Chair Yoga 9:00 A.M. Elder Fitness 10:00 A.M.	12 Core & Balance 10:00 A.M. Bday card making Crafts 10:00 A.M. <u>Joyce Hughes</u> Language Class 1:00 P.M. - 3:00 P.M.	13 Eagles Food Sale 9:00 A.M. Walking Club 10:00 A.M.	14
	15	16 Harkins Tickets & Movie Day Chair Yoga 9:00 A.M. Walking Club 10:00 A.M.	17 Elders Meeting 10:00 A.M.	18 Chair Yoga 9:00 A.M. Elder Fitness 10:00 A.M. B-Day Celebration Potluck 11:30 A.M.	19 Core & Balance 10:00 A.M.	20 Elders Day HuHuGam Heritage Center 9:00 A.M. - 1:00 P.M. Swap Meet 10:00 A.M.	21
	22	23 Chair Yoga 9:00 A.M. Trip to town 9:00 A.M. Walking Club 10:00 A.M.	24 Community Garden 9:00 A.M.	25 Chair Yoga 9:00 A.M. Elder Fitness 10:00 A.M.	26 Core & Balance 10:00 A.M. <u>Joyce Hughes</u> Language Class 1:00 P.M. - 3:00 P.M.	27 Mustangs Food Sale 9:00 A.M. Walking Club 10:00 A.M.	28
	29	30 Chair Yoga 9:00 A.M. In house movie 9:00 A.M. Walking Club 10:00 A.M.	31 Adult Clinic 10:00 A.M. BINGO 1:00 P.M. - 3:00 P.M.	<p>ALL EVENTS ARE SUBJECT TO CHANGE</p>			

Happy Birthday!

Milton Kisto 03/01
 Mitchell Losey 03/02
 Karen Howard 03/07
 Mary Joaquin 03/07
 Tricia Juan 03/07
 Edmund C. Nelson 03/07
 Colleen Stone 03/07
 Gerald K. Wilson 03/07
 Teresa Gibson 03/09
 Dalton Brown 03/11
 Penny Davis 03/12
 Richard V. Lewis 03/12
 David Stewart 03/12
 Robert Stone 03/12
 Delvina Setoyant 03/13
 Arlene L. Johns 03/14
 Laverne Thomas 03/14
 Roland Harrison 03/16
 Harrison Marrietta 03/17
 Carlita Lomahquahu 03/20
 Valerie Soke 03/24
 Harold M. Patrick 03/25
 Marvin McGeisey 03/26
 Carol James 03/28
 Olivia Pablo 03/28
 Audrey Juan 03/30