District 6 Elders Calendar OCTOBER 2018



ELDER'S DAY- NOVEMBER 16TH IS FULL. (LIMIT PER DISTRICT IS 30)

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	ENP Breakfast Stop in and sign up 7A-8A	10AM Craft Room Gila River Health Care Presenter Bryan Bennett	HARKINS Movies After Lunch
		Food City -Morning Shopping 2 hr. limit	BI Yan Bennett	
9:30a-10:30a Stretch, Flex & Tone	Noon D6 Elder Mtg. 9 Craftroom After Lunch	9AM Concerns Mtg. District 1 Multi Purpose Building	11	12 D6 Elder Volleyball Practice-
Good Will Thrift Shop After Lunch	Presenters:	8:00AM Pick up	<u>WALMART –</u> After Lunch 2 hr. Limit	After Lunch
9:30a-10:30a Stretch, Flex & Tone 5	16	D6 Elder Volleyball Practice— After Lunch	18	19
	Cesar Chavez Library– After Lunch		HARKINS Movies After Lunch	
9:30a-10:30a Stretch, Flex & Tone 22	23	D6 Elder Volleyball Practice 24 — After Lunch	NOON Birthday BINGO	26
9:30a-10:30a Stretch, Flex & Tone	CARING House	31		
	Visit After Lunch	HALLOWEEN		

HARKINS Movies

 Now with a small drink popcorn

 Individuals 55+ must sign up for a one time movie ticket each month.
 *Van transportation or

On Your Own.

- *Congregate Meals are served at 11am daily.
- -Homebound Meal Delivery M-F
- Please call D6 Kitchen for cancellation: (520) 550-3805 x 2944 Rose.
 - If <u>no</u> one is home to receive meal 'Give Us Your Feedback'
- 'How Do You Like Your Meal'— Call the kitchen let us know.

MAIL RUN— Tuesday & Thursday at 2pm

Elder Coordinator— Jacqueline Allison /Phone (520) 550-2243 or 3805 ext. 2945

Elder Liaison Caseworker— CSD Sacaton Phone (520) 562-5332

- *Calendar activities subject to change.
- *Don't forget to sign up for your next

ENP Congregate Breakfast.

*Don't miss out on Bread Wednesday's.