

District 6 Elders Calendar JANUARY 2019

*12/26/2018 Current



Message Board

- HARKINS Movies Now with a small drink popcorn**
Individuals 55+ must sign up for a one time movie ticket each month.
*Van transportation or On Your Own.

- *Congregate Meals are served at 11am daily.**
-Homebound Meal Delivery M-F
- Please call D6 Kitchen for cancellation:
(520) 550-3805 x 2944 Rose.
If **no** one is home to receive meal
'Give Us Your Feedback'
- 'How Do You Like Your Meal'**–
Call the kitchen let us know.

MAIL RUN– Tuesday & Thursday at 2pm

Elder Coordinator– Jacqueline Allison
Phone (520) 550-2243 or 3805 ext. 2945
Elder Liaison Caseworker– CSD Sacaton
Phone (520) 562-5332

- *Calendar activities subject to change.
- *Don't forget to sign up for your next ENP Congregate Breakfast.
- ***Don't miss out on Bread Wednesday's.**

Monday

Tuesday

Wednesday

Thursday

Friday

	1	2	3	4
	NEW YEARS DAY District Six Building and Elder Services CLOSED	Grocery Shopping After Lunch- 1.5 hr	ENP Breakfast MISS JR. Gila River Visits District 6 Elders 10AM Craftroom	Walmart Shopping After Lunch- 1.5 hr
7 9:30a-10:30a Elder Fitness Stretch, Flex & Tone Charles Aragon	8 District Six Elder MTG at NOON Presenter: Talia Porter, Tribal Health Department & Robert Tinney –GRPD-	9 9AM Concerns Mtg. Faith Lutheran Church 801 E. Camelback Rd. Phoenix, AZ 7:00AM Pick up	10 10AM Presentation: Wellness Model– Nancy House, CHE D6 Craft Room	10AM Craft Room Gila River Health Care Presentation: Bryan Bennett
14 9:30a-10:30a Elder Fitness Stretch, Flex & Tone Charles Aragon	15 *St. Mary's Grocery Shopping After Lunch- 1.5 hr	16	17 *St. Mary's FOOD BX 1-3P	18 Caring House Visit After Lunch
21 Observance for Martin Luther King, Jr. District Office & Elder Center will be CLOSED	22 HARKINS Movies After Lunch	23	24 10AM Presentation: Elderly Self Esteem– Nancy House, CHE D6 Craft Room	25
28 9:30a-10:30a Elder Fitness Stretch, Flex & Tone Charles Aragon	29	30	31 NOON Birthday BINGO	