

# DISTRICT SIX ELDERS CALENDAR

# JANUARY 2020



Monday	Tuesday	Wednesday	Thursday	Friday
		1 New Years Day  Service Center Closed	2 Elder Chair Yoga w/ Talia 10:00am– Craft Room <hr/> Phoenix Transport 1:00pm—Sign up by 12/30	3 ENP Breakfast  Walmart Shopping after Lunch
6 Commodity Distribution 9:00am—St Johns Church <hr/> Enhance Fitness 10:00am—Wellness Center <hr/> St Mary's Food Distribution 1:00pm—3003 W Thomas	7	8 Elders Concerns Meeting 9:00am District 2 Multipurpose Building	9 Commodity Distribution 9:00am - Santa Cruz <hr/> Elder Chair Yoga w/ Talia 10:00am - Craft Room <hr/> Sacaton Transport 1:00pm—Sign up by 1/6	10 Health Care Presentation 10:00am—Craft Room Presenter: Bryan Bennett
13 Enhance Fitness 10:00am—Wellness Center	14 District Six Elders Meeting 12:00pm - Craft Room	15	16 Elder Chair Yoga w/ Talia 10:00am - Craft Room	17 Caring House Visit After Lunch
20 Martin Luther King Day Jr. Day  Service Center Closed	21 St Mary's Food Box 9:00am-11:00am Harkins Movies after Lunch 	22	23 Elder Chair Yoga w/ Talia 10:00am - Craft Room <hr/> St Mary's Food Box 1:00pm	24
27 Enhance Fitness 10:00am—Wellness Center	28	29	30 Elder Chair Yoga w/ Talia 10:00am - Craft Room <hr/> Noon Birthday Bingo	31

## Bulletin

**Congregate Meals are served at 11:00am daily**  
**Homebound Meal Delivery**  
**10:30am/Monday-Friday**

Call D6 Kitchen for  
 Cancellation  
 (520) 550-3805 x2944

Give us your feedback!  
 How do you like your meal?  
 Call and let us know!

Mail Run  
 Tuesdays & Thursdays at  
 2:00pm!

Elderly Coordinator  
 Jacqueline Allison  
 (520) 550-3805 x2945

Elder Liaison Caseworker  
 CSD Sacaton  
 (520) 562-5332

*\*All Events & Activities are Subject to Change\**

Don't forget to sign up for  
 ENP Congregate Breakfast!

Don't miss out on Bread  
 Days!  
 Every Wednesday