

# AFTER WORK WORKOUT

With Bee



Circuit training classes with D6 Fitness Instructor

**THURSDAYS 5:30PM TO 6:30PM**

**Beginning March 5th, 2020**

**Ending April 30th, 2020**

At the District 6 Fitness Center Aerobic Room

Water bottles are recommended. Open to everyone and bring a friend to help motivate each other!

**ITS NEVER TOO LATE TO FEEL GREAT!**

For more info contact the D6 Fitness Center at (520) 550-3803