

# ACTIVE PARENTING

## OBJECTIVE OF CLASS:

Each class is designed for discussions about important and empowering tools you can use when parenting your teenager. Participants will learn how to:

- Open up the lines of communication;
- Encourage cooperation and responsibility;
- Discipline effectively; and
- Explore techniques for solving the unavoidable problems that may rise.

To register for a this training please feel free to contact the BHS Prevention Program

**EAST END: Anna Pacheco**  
(520) 562-3321 x7031 or email: [apacheco@grhc.org](mailto:apacheco@grhc.org)

**WEST END: Aya Garton**  
(520) 562-3321 x x6436 or email: [agarton@grhc.org](mailto:agarton@grhc.org)

Emergencies, always dial 911 | GRIC Crisis Line 1-800-259-3449



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## ACTIVE PARENTING REGISTRATION FORM

DESIRED TRAINING DATES:

EAST END       WEST END

Name: \_\_\_\_\_

Preferred Form of Contact:     Phone Call     Email     Text Message

Email: \_\_\_\_\_ Phone: \_\_\_\_\_