

ROAD TO TRAIL OF DOOM

Events taking place all month of October

EVENTS



Pink-Out Zumbathon

FRI 05



Boys & Girls Club
5:30 p.m. - 7:30 p.m.

Trail of Doom 5K

WED 09



Rodeo Fairgrounds
Starting at 4:45 p.m.

Day of the Deadlift

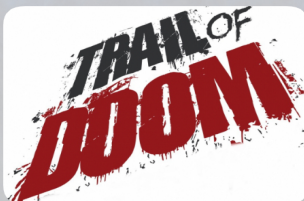
FRI 18



Location TBA
6:30 p.m. - 9:00 p.m.

TRAIL OF DOOM

WED 23



Rodeo Fairgrounds
Doors Open 5:30 p.m.

Madhouse Workout

WED 30



Boys & Girls Club
12:00 p.m. - 1:00 p.m.



For more info: 520-562-2026



GILA RIVER WELLNESS CENTER