

*Open to GRIC members, Enrolled members of a federally recognized Tribe and employees of any GRIC entity.*



***Do you have what it takes?***

Limited to 50 Teams

**The Gila River  
Wellness Center  
Challenges YOU  
to start 2020  
off right!**

- 12 week weightloss [**MANDATORY** weigh-ins every 4 weeks]
- 3 People per team [Must have 1 male/ 1 female]
- Baseline weigh-in January 6th-10th

**\*Final weigh-in March 23rd-March 27th** Prizes awarded after challenge

**Weigh-in Location: Wellness Center**

**Registration Opens: Monday Dec. 16, 2019**

Forms available at the Wellness Center

**DEADLINE:** Friday January 3rd, 2020 at 12:00 pm

**For more information contact Wellness Center (520) 562-2026**