



Gila River
HEALTH CARE

SPRING LEARNING OPPORTUNITIES

Join us and learn about Suicide Prevention and Mental Health!

These trainings are free and everyone is welcome!



Mental Health First Aid (Training for Adults)

(8:30 am - 5:00 pm)

March 5, 2020 - Mental Health

District 6 Dialysis Center

April 2, 2020 - Youth Mental Health

District 6 Dialysis Center

May 5, 2020 - Mental Health

District 1 Service Center

May 7, 2020 - Youth Mental Health

District 4 Service Center

Please contact Bryan Bennett to sign up:

Call (480) 868-7723 or Email bbennett@grhc.org

QPR Lunch n Learn

(12:00 pm - 1:30 pm)

March 24, 2020

District 5 Service Center

April 22, 2020

District 7 Service Center

May 26, 2020

District 2 Service Center

Please contact Courtney Tolino to sign up:

Call (520) 610-0630 or Email ctolino@grhc.org

SafeTALK

(1:00 pm - 4:30 pm)

March 18, 2020

District 6 Service Center

April 15, 2020

District 3 Tribal Health

May 13, 2020

District 2 Service Center

Please contact Traci Begay to sign up:

Call (520) 610-3697 or Email tbegay1@grhc.org

Applied Suicide Intervention Skills Training

(ASIST)(8:30 am - 4:30 pm, 2 Full Days)

May 13 & 14, 2020

District 3 Dialysis Center

June 17 & 18, 2020

District 6 Dialysis Center

Please contact Aya Garton to sign up:

Call (520) 610-4418 or Email agarton@grhc.org

For more information, contact us at
(520)562-3321 x7031 or email bhsprevention@grhc.org

National Suicide Prevention Lifeline
1-800-273-8255

Gila River Indian Community Crisis Line
1-800-259-3449