

ACTIVE PARENTING First Five Years™

Parenting group is coming to Head Start in January!

Provided by:

Gila River Health Care Behavioral Health Services Prevention Program

In partnership with: District 6 & 7 Head Start

Here's what you'll learn:

- What a baby's cry means
- Ages and stages of development
- Building a strong bond
- Your child's growing brain
- Using mindfulness to keep your cool
- Effective discipline young children can understand
- Choices and consequences
- 6 ways to prepare your child for school success

When: Thursday's in February

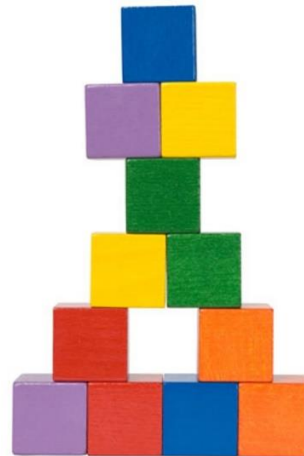
1. February 13, 2020

2. February 20, 2020

3. February 27, 2020

From: 12:00pm – 2:00pm

Where: District 6 & 7 Head Start



For all parents, guardians and caretakers.

For classes to take place we must have 3 or more participants

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Emergencies, always dial 911 | GRIC Crisis Line 1-800-259-3449

