



# Telehealth Community Awareness

Gila River Health Care is diligently working to serve the Gila River Indian Community during the COVID-19 pandemic. To reduce the risk of spreading COVID-19, telehealth visits are being provided as a safer appointment option for patients and staff. By providing care for our patients through video instead of in person, we can keep our patients, their families, and our staff safe.



## What are telehealth visits?

Telehealth visits are health care appointments done over the internet. They allow you to connect with your health care provider through video-conferencing - so you can see and talk to your health care provider all from the comfort and safety of your home.

## Using telehealth visits has many benefits for the patient.

- **No transportation challenges**
- **Save time; Visits finish in less than 1 hour**
- **Protects you by eliminating your chances of catching sickness from another patient.**

## What about your privacy?



Protecting your privacy is always a top priority. OTTO Health is built into our electronic health record, is HIPAA compliant, and allows us to run appointments through a secure website. Your information and your visit will always be secure and private.

## How to prepare for your telehealth visit:



Two links will be sent to you by email and text message (via smart phone)

**Link 1:** Provides instructions for how the appointment will work and how to test your device before the appointment to make sure it works correctly.

**Link 2:** Select this link when it is time to join your appointment.

## How to begin your telehealth visit:

1. **20 min prior to the scheduled visit, click on the link for your appointment**
2. **Fill in patient location answer check-in questions and complete consents**
3. **Click on the join button and you will be connected to your provider.**

