

We are living in very challenging times...and we want you to know

You Are Not Alone

If you are experiencing loss, anxiety
or stress...we are here for you.

Call the COVID Anxiety and Stress Helpline:

(602) 528-7122

Free, confidential, 24/7 Support



Keeping #GilaRiverStrong...TOGETHER

Gila River Indian Community Crisis Line
1-800-259-3449
Call 24 hours a day for immediate help



FOR GENERAL INFO ABOUT CORONAVIRUS, GO TO GRHC.ORG/CORONAVIRUS
OR CALL THE GRHC CORONAVIRUS HOTLINE AT (520) 550-6079