



# Blender Series

6 Week Session

Join us for a Sweet Treat Blender Series  
Familiarize yourself with healthier sweet treat options for the family!

## QUALIFICATIONS:

- Pre-Registered
- Limited to 20
- Live
- Fee
- One
- Must have at least 1 member of the household provide proof of tribal membership (photo of ID or enrollment papers AND photo DL).

All classes are held via LIVE ZOOM classes. Participants MUST attend class with video ON in order to confirm participation.

## 1st SESSION

**REGISTRATION IS FULL**

Zoom (link will be emailed)

SMOOTHIES  
FROZEN YOGURT  
FRUIT ROLL UPS

SCAN ME!



Due to this activity being limited to virtual, families must be familiar with utilizing the Zoom platform.

For more information email:  
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