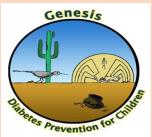
## Genesis Presents **Breastfeeding 101 & Pregnancy Nutrition Webinar Class**

This class is offered to moms in their last trimester : Class will contain a variety of topics including but not límíted to:

- · Feeding Cues
- · Positioning and Latching
- . How much a New Baby needs
- · Info on Breastfeeding during the COVID 19 Pandemíc

Call (520) 562-1237 to register You will need: -A valid email address -An ID from a federally recognized tribe



10 person limit to the class \*Diaper bags will be mailed when Breastfeeding 101 and Pregnancy Nutrition Webinar Class is com-

November 4th at

11am §

November 18th

at 2pm

