

Parents will learn about healthy eating, learn to cook a healthy meal and receive a FREE bag of groceries at the end of each class.

Attend ALL 3 classes & receive a FREE Blender OR Rice Cooker at the 3rd Class!

Date:

Aug. 6th, 2018

<u>Time: 5:15-6:15pm</u>

Location:

D3Tribal Health

Dept.

Date:

Aug. 13th, 2018 Aug. 20th, 2018

<u>Time: 5:15-6:15pm</u>

Location:

D3 Tribal Health

Dept.

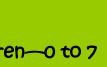
Date:

<u>Time: 5:15-6:15pm</u>

Location:

D3 Tribal Health

Dept.



For parents w/ kids OR grandparents raising grandchildren—o to 7 years old



*MUST ATTEND ALL 3 CLASSES to RECEIVE a FREE BLENDER or RICE COOKER*LIMITED SEATING AVAILABLE PLEASE RSVP* For more information please contact Nicole at Genesis (520) 562-1237