

District
3

Baby Chef Classes

District
3



Parents will learn about healthy eating, learn to cook a healthy meal and receive a **FREE** bag of groceries at the end of each class.

Attend **ALL** 3 Classes & receive a **FREE** Blender **OR** Rice Cooker at the 3rd Class!

Date:

Aug. 6th, 2018

Time: 5:15-6:15pm

Location:

D3 Tribal Health
Dept.

Date:

Aug. 13th, 2018

Time: 5:15-6:15pm

Location:

D3 Tribal Health
Dept.

Date:

Aug. 20th, 2018

Time: 5:15-6:15pm

Location:

D3 Tribal Health
Dept.



*For parents w/ kids **OR** grandparents raising grandchildren—0 to 7 years old*

MUST ATTEND ALL 3 CLASSES to RECEIVE a FREE BLENDER or RICE COOKER* LIMITED SEATING AVAILABLE PLEASE RSVP
For more information please contact Nicole at Genesis (520) 562-1237

