

# ZUMBA<sup>®</sup>

with fitness



*Frances James aka "Frans~Wa"*

## Classes for August

### District 2

**Monday & Wednesday's**

**At 6:00 p.m.—7:00 p.m.**

**Location— Gymnasium**

### District 7

**Thursday's**

**At 6:00 p.m.— 7:00 p.m.**

**Location— Gymnasium**

### District Six Boys & Girls Club

**Friday's**

**At 6:00 p.m.—7:00 p.m.**

**Location— Gymnasium**

**\*\*NO CLASSES ON WEEK OF\*\***

**August 13—16, 2018**

**All classes are subjected to changes  
by  
Instructor .**

Check us out on  
**facebook.**

**ZUMBA.FRANS-WA**

*ZumbaClassRules*  
- Have FUN  
- Sing Silly  
- Dance Crazy

*Let Zumba Fitness  
Be Your Stress Reliever*

*Zumba Fitness  
Party Yourself into Shape*

**SAVE THE DATE**

**9/21/18**

**Zumba  
Foam Fest Party**

**At RAWHIDE  
CHANDLER, AZ.**

**Zumba Kids  
Will open the Party with  
new songs & routine.  
SIGN Your Kids Up  
With Frans-Wa for practice.**

### Contact Information:

Frances- (480)233-8530

District 2 Recreation Dept. -

(520)562-3450 ext. 2535

District 7- (520)430-4780

Boys & Girls Club - Komatke Branch - (520) 550-1113