



Gila River Indian Community

Office of Emergency Management

P.O. Box 5072, Chandler, Arizona 85226 | Office: 520-796-3755 | www.gricready.com | Phone App: GRIC OEM

Excessive Heat Warning

The National Weather Service has issued out an **Excessive Heat Warning**, which is in effect from 10:00am Tuesday, June 11, 2019 to 8:00pm Thursday, June 13, 2019.

Temperatures reaching as high as 111°F

A Heat Warning means that a period of hot temperatures is expected. Hot temperatures will create a situation in which heat illnesses are possible. Drink plenty of fluids, stay in an air-conditioned room, stay out of the sun, and check up on family members and elder neighbors.

Precaution safety tips:

- Prolonged heat stresses the body
- Stay inside in a cool ventilated place whenever possible
- Restrict outdoor activities to early morning or evening
- If you must be outside, wear loose-fitting, light clothing
- Drink plenty of water and take frequent breaks
- Provide proper shelter and water for your pet whether they live indoors or outdoors.
- **Frequently check on the young, elderly, and those with health conditions**
- **Residents are encouraged to check on family members and elder neighbors.**

Weather Outlook:

Potential Heat Risks:

Mon	Tue	Wed	Thu	Fri	Sat	Sun
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NWS Forecast:

High 107°F Low 80°F	High 110°F Low 81°F	High 111°F Low 82°F	High 110°F Low 77°F	High 104°F Low 75°F	High 103°F Low 75°F	High 103°F

Practice HEAT SAFETY Wherever You Are

Heat related deaths are preventable. Protect yourself and others from the impacts of heat waves.

weather.gov/heat

- Job Sites**
Stay hydrated and take breaks in the shade as often as possible.
- Indoors**
Check up on the elderly, sick and those without AC.
- Vehicles**
Never leave kids or pets unattended - LOOK before you LOCK
- Outdoors**
Limit strenuous outdoor activities, find shade, and stay hydrated.

The OEM Duty Phone 520-610-8120 is available for emergency support purposes only!