

District 6 Elders Calendar

AUGUST 2018

*Tentative



Monday	Tuesday	Wednesday	Thursday	Friday
9:30a-10:30a Stretch, Flex & Tone Charles Aragon		D6 Elder Volleyball Practice— After Lunch	Morning HARKINS Movies	ENP Breakfast Morning Shopping
9:30a-10:30a Stretch, Flex & Tone Charles Aragon		9AM Concerns Mtg. Location & District 3 Sacaton Headstart Building 8:00AM Pick up	D6 Elders—Trip to Williams & Grand Canyon	
DRUM BEAT— 16th St. Phoenix- after lunch			D6 Elder Volleyball Practice— After Lunch	
9:30a-10:30a Stretch, Flex & Tone Charles Aragon		10AM— Craft Room Gila River Health Care Presentation: BRYAN BENNETT	PHN 9A-10A Nurse Practitioner 10:30A-12P	D6 Elder Volleyball Practice— After Lunch
AZ Mills Walk the Mall- After Lunch	Noon D6 Elder Mtg Craftroom Presentation: Candaleria Preston— Community Health Assessment Survey		NOON Birthday BINGO	
9:30a-10:30a Stretch, Flex & Tone Charles			HARKINS Movies After Lunch	Caring House Visit After Lunch
9:30a-10:30a Stretch, Flex & Tone Charles	Shopping After Lunch			
		D6 Elder Volleyball Practice— After Lunch		
				D6 Elders Depart for HATCH, NM 8/31 thru 9/2

When you think positive good things happen.

Matt Kemp

- HARKINS Movies Now with a small drink popcorn**
Individuals 55+ must sign up for a one time movie ticket each month.
*Van transportation or On Your Own.

- *Congregate Meals are served at 11am daily.**
-Homebound Meal Delivery M-F
 - Please call D6 Kitchen for cancellation: (520) 550-3805 x 2944 Rose.
If **no** one is home to receive meal
‘Give Us Your Feedback’
 - ‘How Do You Like Your Meal’**—
Call the kitchen let us know.

MAIL RUN— Tuesday & Thursday at 2pm

Elder Coordinator— Jacqueline Allison
Phone (520) 550-2243 or 3805 ext. 2945
Elder Liaison Caseworker— CSD Sacaton
Phone (520) 562-5332

- *Calendar activities subject to change.**
- *Don’t forget to sign up for your next ENP Congregate Breakfast.**
- *Don’t miss out on Bread Wednesday’s.**