

18th Annual Diabetes Virtual Health Fair

*Celebrating Healthy
Habits!*



Fitness Workouts



Prevention



Healthy Eating



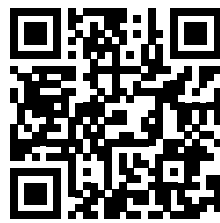
Patient Self-Care



Gardening Tips

November 1st-19th

Scan to visit our virtual health fair!



**Preventing diabetes and living healthy with diabetes is possible.
For more information, call Life Center at (520) 562-7940.**