

TRIBAL RECREATION & WELLNESS
PRESENTS



**STRONG
MAN**

**STRONG
WOMAN**

COMPETITION

**SATURDAY FEBRUARY 25, 2023 | REGISTRATION CHECK-IN: 9AM
EVENT STARTS: 10AM | SACATON FAIRGROUNDS**



REGISTRATION OPENS:

JAN. 16TH AT 8AM TO GRIC MEMBERS

JAN. 18TH OPEN TO OTHERS.

REGISTRATION CLOSES:

FEB. 10TH AT 5PM

OR UNTIL FILLED.

QUALIFICATIONS:

- **MUST BE A MEMBER OF A FEDERALLY RECOGNIZED TRIBE OR A GRIC EMPLOYEE, SPOUSE OF GRIC MEMBER OR RESIDE IN GRIC BOUNDARIES.**

WEIGHT CLASSES WILL INCLUDE:

LIGHT WEIGHT | MIDDLE WEIGHT | HEAVY WEIGHT

**YOKE BAR CARRY | ALTAS STONES | THROW BAG
TRAPBAR FARMERS CARRY | VAN-PULL | CAR DEADLIFT**

SCAN ME!



FOR MORE INFORMATION CALL (520) 562-2026 OR EMAIL WELLNESS.CENTER@GRIC.NSN.US

**LIMITED TO 40
COMPETITORS!**