

DEAD LIFT CHALLENGE

2023



MAY 26, 2023 | D3 SERVICE CENTER | 6PM

QUALIFICATIONS:

- ☞ MUST HAVE PREVIOUS EXPERIENCE IN PROPER FORM TO PREVENT INJURY.
- ☞ MUST BE FROM A FEDERALLY RECOGNIZED TRIBE OR EMPLOYEE OF GRIC ENTITIES.
- ☞ PRIORITY TO PREVIOUS STRENGTH SERIES PARTICIPANTS.

REGISTRATION OPENS: APRIL 24, 2023 AT 8AM

SCAN HERE!

**REGISTRATIONS CLOSES: MAY 12, 2023 AT 5PM
(OR UNTIL FILLED)**



LIMITED TO 50 PARTICIPANTS

FOR MORE INFORMATION CALL (520) 562-2026
OR EMAIL WELLNESS.CENTER@GRIC.NSN.US

