

EMPLOYEE HEALTH & FITNESS WEEK

May 8 –12, 2023

Activity Agenda

MONDAY, May 8, 2023		
EVENT	TIME	LOCATION
Dodgeball	11:30 am	D3 Gym
Horseshoe	5:30 pm	Fairgrounds
TUESDAY, May 9, 2023		
EVENT	TIME	LOCATION
Big Ball Volleyball	11:30 am	D2 Gym
3-point Shootout	5:30 pm	D3 Gym
WEDNESDAY, May 10, 2023		
EVENT	TIME	LOCATION
Chair Volleyball	11:30 am	D2 Gym
Zumba	5:30 pm	D5 Gym
THURSDAY, May 11, 2023		
EVENT	TIME	LOCATION
Madhouse Workout	11:30 am	D3 Gym
3 on 3 Basketball	5:30 pm	D3 Gym
FRIDAY, May 12, 2023		
EVENT	TIME	LOCATION
2-Mile Walk	7:00 am	Fairgrounds
Awards Ceremony	11:30 am	Fairgrounds

Registration is **FULL** and currently closed.

MUST PARTICIPATE IN **3** ACTIVITIES TO RECEIVE A SHIRT.

For more information, please contact the Wellness Center at (520) 562-2026 or via email
Wellness.Center@gric.nsn.us