

# Welcome!

## Rheanna Jackson

Fitness Instructor



Hello, my name is Rheanna Jackson. I am a community member from District three. I am currently finishing my Bachelor's Degree in Health and Exercise Science with an emphasis in Sports Performance. I earned my Associates Degree in Health and Exercise Science from Feather River College. I played Jr. College Basketball during my time at Feather River. During my time as a collegiate athlete, I have learned the importance of training during season as well as off-season. I have a special interest in working with young community athletes, pregnant/post-partum women, as well as provide fitness training to the public. I look forward to working with the Community in my new role.

I cannot wait to see you all back in the gym!

