



Smoothie Making

In collaboration with Gila River's Boys & Girls Club join us as our Health Education Specialist goes over diabetes prevention education and creates a glucose friendly smoothie in honor of Diabetes Awareness Month.

Sessions will be for Tweens/Teens

Boys & Girls Club Sacaton Branch - Nov. 29, 2023 from 4pm - 6pm
Boys & Girls Club Komatke Branch - Nov. 30, 2023 from 4pm - 6pm

Must be a Boys & Girls Club Member to attend class.

For more information contact Tiffany Boni at tiffany.boni.trw@gric.nsn.us or call (520) 562 - 6087.

