



Tribal Recreation & Wellness presents

Live Life with Heart



"Healthy Heart, Healthy You!"

Starting in February

Tribal Recreation & Wellness's Health Education Specialist will educate youth on ways to exercise our heart, and challenge participants to complete 1 mile a day together.

For ages to 9 - 12yrs old.

Open to Boys & Girls Club of Gila River Indian Community - Komatke Branch members

To register youth, please call (520) 550 - 1113

Contact Tiffany Boni for more information (520) 562-2026.