

GUESS WHO'S BACK?... BACK AGAIN!

A group of people are participating in a workout class in a gymnasium. Some are performing squats, while others are using dumbbells. The gymnasium has a wooden floor and a brick wall with several windows. The word "LUNCHTIME" is written in large, bold, red letters across the middle of the image.

LUNCHTIME



WORKOUT



CLASSES START MONDAY 07/25

DAILY LUNCHTIME WORKOUT CLASS IS COMING BACK! MONDAY-FRIDAY

12PM-1PM DISTRICT 3 SERVICE CENTER GYMNASIUM

SPACE IS LIMITED TO THE FIRST 25 PARTICIPANTS.
MUST BE 14YRS.+

MASKS ARE REQUIRED.
BRING YOUR OWN WATER.

CLASSES WILL VARY FROM CIRCUIT STYLE TRAINING, STEP AEROBICS, TABATA, TRX, ROPES AND MORE!

QUESTIONS?

CALL 520-562-2026 OR
EMAIL WELLNESS.CENTER@GRIC.NSN.US