

HIGH INTENSITY INTERVAL TRAINING



FEBRUARY SCHEDULE

District 3 Service Center | 12pm
Class Dates:

FRIDAY

Feb. 2nd

Feb. 9th

Feb. 16th

Feb. 23rd

TUESDAY

Feb. 20th

Feb. 27th

Must be 14yrs and up.
Bring your own water.



For more information call (520) 562-2026.