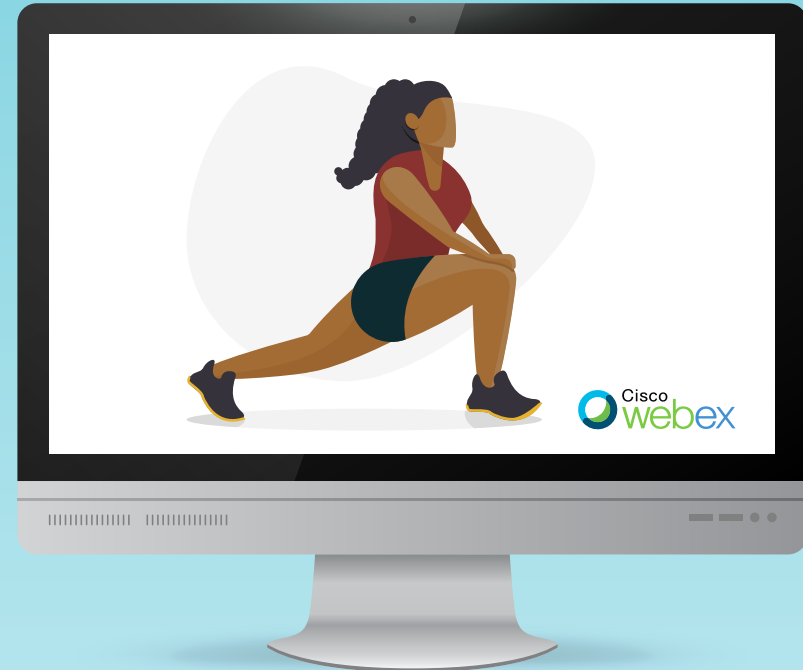




Employee Wellness Webex Refresher



**Join us for a quick
15 minute refresher!**
Pre-registration NOT required.



STARTING MONDAY JULY 25TH!
MON./WED./FRI.
3:00PM

**See GRIC Employee Intranet for further
details on how to join!**



Sessions will consist of light workouts, including mobility, stretching, etc.

For more information call (520) 562-6087, (520) 562-2026 or email wellness.center@gric.nsn.us