

# ***EVENING CIRCUIT TRAINING***



**EVERY TUESDAYS STARTING 09/06**

- Tone the muscles
- Boost the metabolism
- **BURN THE FAT**

**BEGINNER TO INTERMEDIATE LEVEL**

**5:30PM AT D3 GYMNASIUM**

LIMITED TO 10  
FIRST COME, FIRST SERVE.  
MUST BE 14YRS AND UP.  
MASKS ARE REQUIRED.  
BRING YOUR OWN WATER!

FOR MORE INFORMATION  
CALL (520) 562-2026

