

Food Safety after Power Outage

➤ **Never taste food to determine if it is safe to eat. When in doubt, throw it out.**



➤ Throw out perishable food in your refrigerator (meat, fish, cut fruits and vegetables, eggs, milk, and leftovers) after 4 hours without power or a cold source like dry ice. Throw out any food with an unusual odor, color, or texture.



- Check temperatures of food kept in coolers or your refrigerator with an added cold source. Throw out food above 40°.
- If you have an appliance thermometer in your freezer, check to see if it is still at 40 °F or below.

➤ You can safely cook thawed frozen food that still contains ice crystals or is at 40 °F or below.

For more information please contact
Environmental Health Services
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