

Ring in the New Year with Genesis



Breastfeeding 101 & Breastfeeding Nutrition Webinar Class



This class is offered to moms in their last trimester

Topics include: Benefits of Breastfeeding, Myths of breastfeeding, Stages of Lactation, Positioning/Latching, Info on Breastfeeding during Covid-19 Pandemic and much more.

When: Jan 6th 2022, at 11am or Jan 20th, 2022 at 2pm

10 person limit per class

Criteria: Register by calling Genesis at 520-562-1237, Judi Thompson or Pam Puente

-You will need a valid email address

-Must have proof of enrollment from federally recognized tribe—provide Tribal ID or CDIB

Incentives: Diaper bags will be mailed when completed

