

Genesis Presents

Breastfeeding 101

& Breastfeeding Nutrition Webinar Class

This class is offered to moms in their last trimester :

Class will contain a variety of topics including but not limited to:

- Feeding Cues
- Positioning and Latching
- How much a New Baby needs
- Info on Breastfeeding during the COVID 19 Pandemic



**March 3rd at
11am &
March 24th
at 2pm**

To enroll

Call (520) 562-1237 to register

You will need:

- A valid email address
- An ID from a federally recognized tribe

10 person limit to the class

*Diaper bags will be mailed when Breastfeeding 101 and Pregnancy Nutrition Webinar Class is complete

