



Happy Mother's Day

Breastfeeding 101 & Breastfeeding Nutrition Webinar Class

This class is offered to moms in their last
Trimester or post natal

Topics include: Benefits of Breastfeeding, Myths of breastfeeding, Stages of Lactation, Positioning/Latching, Info on Breastfeeding during Covid-19 Pandemic and much more.

When: May 5th, 2022 at 11am or May 19th, 2022 at 2pm

10 person limit/class

Criteria: Register by calling Genesis at 520-562-1237, Judi Thompson (DPSII) or Pam Puente (DPSII/IBCLC)

-Will need a valid email address

-Proof of enrollment from a federally recognized tribe with a valid Tribal ID or CDIB is required.

Incentives: Diaper bags will be mailed when class, pre-test and post-test are completed

