Genes/s Annual Prevention for Cities

Genesis Presents

BREASTFEEDING 101 & BREASTFEEDING NUTRITION WEBINAR CLASS

Class is open to moms in their 3rd trimester or post-natal



Topics: Benefits of Breastfeeding, Myths of breastfeeding, Stages of Lactation, Positioning/Latching, Info on Breastfeeding during Covid-19 Pandemic and much more.

Incentive: Diaper bags will be mailed when class, pre-test, and post-test is completed.

Register:

Call 520-562-1237, Pam Puente (DPSII/IBCLC) or Judi Thompson (DPSII)

>Will need a valid email address
>Proof of enrollment from a federally recognized tribe (CDIB or Tribal ID) is required.