



## NATIONAL CHILDHOOD OBESITY AWARENESS MONTH

# VIRTUAL 30 MILE FITNESS CHALLENGE

Pre-registration: September 1, 2022 - September 5, 2022

**[\\*\\*Click Here to Register Adults\\*\\*](#)**

**[\\*\\*Click Here to Register Children\\*\\*](#)**

**Challenge will begin on September 1st - September 30th** Each Participant MUST be enrolled from a federally recognized tribe and reside within Arizona with PROOF OF ENROLLMENT, members of Gila River Indian Community may reside within Arizona and out of state are eligible with PROOF OF ENROLLMENT

Age groups:

Children: 5 years - 10 years

Adults: 11 years and above



Email screenshot of miles completed and selfie (weekly or one month total mileage)

Each participant MUST complete the challenge (sending mileage & photos) in order to receive running shoes

For more information about this event, please call or email

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