



Gila River
HEALTH CARE

LIFE CENTER

DIABETES, ENDOCRINOLOGY & WELLNESS

19th Annual Diabetes Health Fair

ENGAGE / EDUCATE / EMPOWER



Safe, Friendly Event

Fitness Workouts

Prevention

Healthy Eating

Patient Self-Care

Gardening Tips

Komatke Health Center
(front entrance area)

Friday,
November 18th
10 am - 3 pm

Hu Hu Kam Memorial
Hospital

(Life Center breezeway between
Bldg. 5 and Bldg. 11)

Saturday,
November 19th
10 am - 3 pm



Join Us and Register!

Preventing diabetes and living healthy with diabetes is possible.
For more information, call Life Center at (520) 562-7940.