



GENESIS INVITES YOU TO

Breastfeeding 101 & Breastfeeding Nutrition Webinar Class

TOPICS INCLUDE:

BENEFITS & MYTHS OF BREASTFEEDING

STAGES OF LACTATION

POSITIONING/LATCHING

INFO ON BREASTFEEDING DURING COVID-19 AND MUCH MORE!

For third-trimester OR post-natal moms

Dates:

December 8th at 11am

December 15th at 2pm

Will need the following:

Valid email address

Proof of Enrollment from a federally
recognized tribe

(Tribal ID or CDIB) is **REQUIRED**

Incentive:

Diaper Bag will be mailed when class, pre-test and post-test are completed.

Contact Genesis to Register

Judi Thompson (DPSII)

Pam Puente (DPSII/IBCLC)

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