



# Genesis Invites You to:

## Breastfeeding 101 & Breastfeeding Nutrition Webinar Class

**For Third-trimester or Postpartum moms**

Topics include: Benefits & Myths of Breastfeeding  
Stages of Lactation  
Positioning/Latching  
Info on Breastfeeding During Covid-19  
and much more!

Dates:

Feb 2nd at 11am

Feb 16th at 2pm

Will need the following:

-Valid email address

-Proof of enrollment from a federally  
recognized tribe (Tribal ID or CDIB) is  
required

**Incentive: Diaper bag will be mailed when class, pre-  
test and post-test are completed**

Contact Genesis Program to register  
Pam Puente (DPSII/IBCLC) or  
Judi Thompson (DPSII)

520-562-1237

