



Herbal Tea Teachings

w/ Alyssa Dixon owner of Alyssa's Kosin

TUESDAY,
FEBRUARY 28TH
D5 SERVICE CENTER
@ 10AM

Call to Register 520-562-5126

- IN PERSON CLASS
- OPEN TO THE FIRST 15 PARTICIPANTS
- OPEN TO GRIC COMMUNITY MEMBERS



Each participant will
receive a tea kettle!!



Please consult with your health care provider before
participating and/or treating yourself or anyone else.

FOR MORE INFORMATION, PLEASE CALL THE COMMUNITY
HEALTH NUTRITION PROGRAM AT 520-562-5126

