

# LITTLE CHEF NUTRITION 3 TO 5 YEARS



**\*VIRTUAL  
CLASS ON  
WEBEX**

**\*TUESDAY,  
JULY 25TH, AT  
2P.M.**



**\*ONE HOUR  
CLASS ON  
NUTRITIONAL  
NEEDS FOR  
YOUR  
GROWING  
TODDLER**

## **OFFICE:**

**157 BLUE BIRD RD.**

**BUILDING #2**

**SACATON, AZ 85147**

Participants will receive educational tools including:

- Cook book
- Nutrition reading books for your children
- Learning Resources Myplate game & Farmer's Market Sorting Set

Must be a member of a federally recognized tribe, must have tribal ID or CDIB

To enroll for class, either email or call the following:

Phone: 520-562-1237

Email: [tyra.phillips@gric.nsn.us](mailto:tyra.phillips@gric.nsn.us)