

## De've got a dessert for every type of Lactation Mom!



MOMS ON THE GO OR MOMS WHO NEED A QUICK SNACK OR A MEAL!



FOOD DEMO: BLUEBERRY WALNUT OAT BITES



BREASTFEEDING AWARENESS! PARTICIPATE IN A LACTATION FOOD DEMO WITH GENESIS.

PRE-REGISTRATION IS REQUIRED

WHEN: WEDNESDAY AUGUST 9TH, 2023 AT 12PM AND 6PM. \*PLEASE SELECT ONE TIME\*

WHERE: VIRTUAL (10) PARTICIPANTS AND (5) IN-PERSON AT GENESIS: 157 S. BLUEBIRD RD. SACATON AZ BLDG #2

MUST PROVIDE PROOF OF ENROLLMENT FROM A FEDERALLY RECOGNIZED TRIBE (TRIBAL ID OR CDIB IS REQUIRED)

INCENTIVE: EAT TO FEED BOOK, BAKING SET, AND INGREDIENT BAG. THE BOOK HAS 80 NOURISHNG RECIPES FOR BREASTFEEDING MOMS. \*\*1 INCENTIVE PER HOUSEHOLD\*\*

FOR MORE INFORMATION CONTACT: PAM PUENTE (DPSII/IBCLC) AT PAMELA.PUENTE.THD@GRIC.NSN.US OR JUDI THOMPSON (DPSII) AT JUDITH.THOMPSON@GRIC.NSN.US OR CALL 520-562-1237