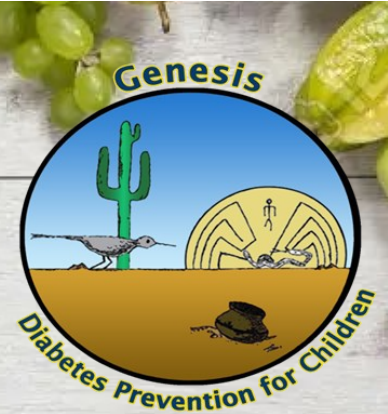


FAMILY CHEF NUTRITION SIX TO TEN YEARS



- VIRTUAL CLASS ON WEBEX
- TUESDAY, DECEMBER 26TH AT 2PM
- A ONE HOUR CLASS ON NUTRITIONAL NEEDS FOR YOUR CHILD/CHILDREN AND FAMILY
- ONLY TEN PARTICIPANTS FOR THIS CLASS
- PARTICIPANTS WILL RECEIVE EDUCATIONAL TOOLS
 - 10 piece stainless steel pots & pans, youth cookbook, fun nutrition educational reading book for your child
- PARTICIPANTS WILL NEED TO DO A PRETEST FOR THE CLASS, ATTEND THE CLASS, AND DO THE POSTTEST AFTER TO RECEIVE THE INCENTIVE
- **MUST LEAVE VIDEO ON**



eat healthy
live healthy
be healthy

MUST BE A MEMBER OF A FEDERALLY
RECOGNIZED TRIBE, AND MUST HAVE
TRIBAL ID OR CDIB
TO ENROLL FOR THE CLASS, EITHER CALL OR EMAIL THE
FOLLOWING:

PHONE: 520-562-1237

EMAIL: TYRA.PHILLIPS@GRIC.NSN.US

OFFICE: 157 BLUE BIRD RD. BUILDING #2

SACATON, AZ 85147