FAMILY CHEF NUTRITION SIX TO TEN YEARS



- VIRTUAL CLASS ON WEBEX
- TUESDAY, JUNE 18TH AT 2PM
- A ONE HOUR CLASS ON NUTRITIONAL NEEDS FOR YOUR CHILD/CHILDREN AND FAMILY
- ONLY TEN PARTICIPANTS FOR THIS CLASS
 - PARTICIPANTS WILL RECEIVE EDUCATIONAL TOOLS
 - 10 piece stainless steel pots & pans, youth cookbook, fun nutrition educational reading book for your child
 - PARTICIPANTS WILL NEED TO DO A PRETEST FOR THE CLASS, ATTEND THE CLASS, AND DO THE POSTTEST AFTER
- TO RECEIVE THE INCENTIVE



MUST BE A MEMBER OF A FEDERALLY RECOGNIZE TRIBE -must have tribal ID or CDIB -must have a child near or within age range of class

TO ENROLL FOR THE CLASS, EITHER CALL OR EMAIL THE

FOLLOWING:

PHONE: 520-562-1237 EMAIL: TYRA.PHILLIPS@GRIC.NSN.US OFFICE: 157 BLUE BIRD RD. BUILDING #2 SACATON, AZ 85147



eat healthy live healthy be healthy