## **GILA RIVER INDIAN COMMUNITY**

## Weather Alert

Date: September 4 - 6, 2024

## **EXCESSIVE HEAT WARNING**

The National Weather Service has issued an Excessive Heat Conditions Through Friday. Excessive heat conditions expected as high temperatures push over 110 degrees resulting in extreme heat risk. Prolonged and long-duration excessive heat events are likely to cause public health impacts. Unusually record temperatures for this time of the year are expected.

**Threatening Risk** for heat-related illnesses for pets, livestock, and much of the population, especially with extended outdoor exposure, and for those who are heat sensitive and/or without effective cooling and/or adequate hydration.

Heat Preparedness Tips include; stay inside in a cool ventilated place whenever possible, restrict outdoor activities to early morning or evening. If you have to be outside, wear loose-fitting light clothing, drink plenty of water, take frequent breaks and check on family members and elder neighbors.

