

## Genesis invites you to

## BREASTFEEDING 101

For Third Trimester and Postpartum Moms Topics Include:

Benefits of breastfeeding, stages of lactation, positioning and latching and more!



**VIRTUAL** 

11:00 AM **VIA WEBEX** 

**IN-PERSON** 

6 - 7:30 PM

\*\*MUST PRE-REGISTER FOR IN-PERSON CLASS\*\*

(clients may bring ONE support person) LOCATION 157 S. Bluebird Rd. Building #2 Sacaton, AZ

**MUST BE FROM A FEDERALLY RECOGNIZED TRIBE WITH PROOF OF ENROLLMENT** (CDIB OR TRIBAL ID)

INCENTIVE: DIAPER BAG WILL BE GIVEN WHEN CLASS, PRE-TEST AND POST-TEST ARE COMPLETED.

For more information contact the Genesis Program

520-562-1237

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