



Community Health Nutrition
program presents:



Women's Health Event

Rest, Restore, Nourish



Thwajik Gevthag
Healing Energy



Juicer for the first 20
registered participants!

DISTRICT 2 SERVICE CENTER

8070 W. PARK ST. SACATON, AZ 85147

CALL TO RESERVE YOUR SPOT! ☎ 520-562-5100

📅 MAY 29, 2026 ⌚ FRI 6:00 PM – 8:00 PM

Reconnect with yourself, mind, body, and spirit!

Who Can Join? Limited to 20 participants open to GRIC enrolled members and residents. All levels of experience are welcome.

What to Bring: Comfortable clothing | Yoga mat | Water bottle