



ELDERS CONCERNS GROUP & ELDERLY SERVICES PROGRAM UNDERSTANDING DIABETES PREVENTION, EXERCISE, AND NUTRITION

Date: May 27, 2026

Location: District 4 Service Center Gym

Time: 9:00am-Noon

Breakfast & Lunch will be provided.

**Elders, Caregivers, and Employees who work
with the aging population are welcome.**

Call Elderly Services Program @ 520-562-5232

